Rick Slaton

Rick "Notorious" Slaton is a San Diego Native with a powerful presence and even stronger determination. A free spirit that loves life, fighting and training, Rick is a formidable opponent in the ring and a businessman out. With friends and pro's like Grace, Liddell, Shamrock, Henderson, Jackson, Sokoudjou, and many others, Rick is very well known and respected in the MMA world.

Rick has been fighting for about 10 years and his record is 10-1-1. Rick is a former Lions Den Member and is an Ultimate Athlete Heavy Weight Champion. Rick is now training at the arena in San Diego Ca.